

## **Roadmap out of lockdown**

### **Overview**

These images, videos and messages can be used to communicate the process of England easing out of lockdown. The government has published the 'COVID-19 Response - Spring 2021', setting out the **roadmap** out of the current lockdown for England. You can read more about this here:

- [Click here to read a summary of the roadmap](#)
- [Click here to read full details](#)

### **Key information about the roadmap to be aware of**

The roadmap is set to take place in **four steps** – click on the following links to read about what will be changing during each step:

- [Step 1 – 8 and 29 March](#)
- [Step 2 – not before 12 April](#)
- [Step 3 – not before 17 May](#)
- [Step 4 – not before 21 June](#)

When these steps take place will be guided by data, not dates, so that we do not risk a surge in infections that would put unsustainable pressure on the NHS. For that reason, all the dates in the roadmap are indicative and subject to change. There will be a minimum of five weeks between each step: four weeks for the scientific data to reflect the changes in restrictions and to be analysed; followed by one week's advance notice of the restrictions that will be eased.

Only when the government is sure that it is safe to move from one step to the next will the final decision be made. The decision will be based on **four tests**:

- the vaccine deployment programme continues successfully
- evidence shows vaccines are sufficiently effective in reducing hospitalisations and deaths in those vaccinated
- infection rates do not risk a surge in hospitalisations which would put unsustainable pressure on the NHS
- assessment of the risks is not fundamentally changed by new Variants of Concern

### **Text to match 'Roadmap' images and videos**

| <b>Image / video</b>   | <b>Text for social media posts</b>  |
|--|---|
| <b>Steps out of lockdown – video</b><br><br>VIDEO – <a href="#">CLICK HERE TO DOWNLOAD</a> | In England, restrictions have started to lift as part of the government's four-step roadmap, offering a route back to a more normal life. |

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|  | <p>You can read about the roadmap &amp; steps here:<br/><a href="https://www.gov.uk/government/publications/covid-19-response-spring-2021/covid-19-response-spring-2021-summary">https://www.gov.uk/government/publications/covid-19-response-spring-2021/covid-19-response-spring-2021-summary</a></p> <p>As restrictions begin to ease, we must all remember that <b>#Covid19</b> remains a part of our lives. As we progress through the steps, we must:</p> <ul style="list-style-type: none"><li>👉 carry on with HANDS, FACE, SPACE</li><li>👉 follow COVID-Secure measures that remain in place at different steps</li><li>👉 meet outdoors when we can &amp; keep letting fresh air in</li><li>👉 watch out for symptoms &amp; get tested when needed</li><li>👉 get vaccinated when offered</li></ul> <p>If we all continue to play our part, we will be that bit closer to a future that is more familiar ❤️👉 <b>#DoTheRightThing</b></p> |
| <p><b>Roadmap explained – longer video</b></p> <p>VIDEO – DOWNLOAD FROM SOCIAL MEDIA RESOURCES</p> | <p>In England, restrictions have started to lift as part of the government’s four-step roadmap, offering a route back to a more normal life.</p> <p>You can read about the roadmap &amp; steps here:<br/><a href="https://www.gov.uk/government/publications/covid-19-response-spring-2021/covid-19-response-spring-2021-summary">https://www.gov.uk/government/publications/covid-19-response-spring-2021/covid-19-response-spring-2021-summary</a></p> <p>As restrictions begin to ease, we must all remember that <b>#Covid19</b> remains a part of our lives. As we progress through the steps, we must:</p> <ul style="list-style-type: none"><li>👉 carry on with HANDS, FACE, SPACE</li></ul>  |

- 👉 follow COVID-Secure measures that remain in place at different steps
- 👉 meet outdoors when we can & keep letting fresh air in
- 👉 watch out for symptoms & get tested when needed
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### Social contact rules – Step 1

VIDEO - [CLICK HERE TO DOWNLOAD](#)

Rules around social contact will change as we move through the Government's Roadmap out of lockdown.

📺 From 8 March: You can exercise or meet outdoors with your household and 1 other person

📺 From 29 March: Up to two households or a group of six people will be able to meet outdoors. You must only mix with your own household indoors.

A summary of all the Roadmap steps can be viewed here:  
<https://www.gov.uk/government/publications/covid-19-response-spring-2021/covid-19-response-spring-2021-summary>

### Roadmap Step 1a (8 March)

**STEP 1**

8 MARCH

| EDUCATION  | BUSINESS / ACTIVITIES   | SOCIAL CONTACT   | LARGER EVENTS   | TRAVEL  |
|--|---|--|---|---|
| Schools and colleges open for all students<br>Practical Higher Education courses | Wraparound care, including after school sports, to enable parents to work | Exercise and recreation with your household or one other person in a public outdoor place e.g. picnic or coffee<br>Household only indoors<br>Care home residents in England can nominate a single named visitor for regular visits | Funerals (30 people)<br>Weddings and wakes (6 people) | Stay at home<br>No domestic or international holidays |

COVID-19 ROADMAP 2021

We are currently in Step 1a of the Government's roadmap out of lockdown.

We must continue to #StayHome during this time. #DoTheRightThing

What has changed so far?

👉 Children and students return to face-to-face education in schools and colleges

|  |   |
|--|---|
|  | <p>👍 Childcare and children’s supervised activities can resume where necessary</p> <p>👍 People are allowed to leave home for recreation or exercise outdoors with their household or support bubble or with one other person from outside their household</p> <p>👍 Care home residents are allowed one regular visitor</p> <p>More information on what you can and cannot do here:<br/> <a href="https://www.gov.uk/guidance/national-lockdown-stay-at-home">https://www.gov.uk/guidance/national-lockdown-stay-at-home</a></p> |
|--|---|

|  |  |
|--|--|
| <p><b>Step 1 (8 March &amp; 29 March)</b></p>  <p><b>STEP 1: 8 March</b></p> <ul style="list-style-type: none"> <li>Schools and colleges are open for all students. Practical Higher Education Courses.</li> <li>Exercise and recreation with your household or one other person in a public outdoor place. Household only indoors.</li> <li>Wraparound care, including sport, for all children, to enable parents to work.</li> <li>Stay at home. No domestic or international holidays.</li> <li>Funerals (30 people). Weddings and Wakes (6 people).</li> </ul> <p><b>29 March</b></p> <ul style="list-style-type: none"> <li>Rule of 6 or two households outdoors. No household mixing indoors.</li> <li>Outdoor sport and leisure facilities.</li> <li>Organised outdoor sport (children and adults).</li> <li>Minimise travel. No domestic or international holidays.</li> <li>Outdoor parent &amp; child groups (up to 15 people, excluding under 5s).</li> </ul> | <p>You can now meet outdoors with your household or one other person.</p> <p>You should continue to stay two metres apart from anyone not in your household or support bubble.</p> <p>Learn more about the roadmap steps here 👉<br/> <a href="https://www.gov.uk/government/publications/covid-19-response-spring-2021/covid-19-response-spring-2021-summary">https://www.gov.uk/government/publications/covid-19-response-spring-2021/covid-19-response-spring-2021-summary</a></p> |
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|                                       |  |
|---------------------------------------|--|
| <p><b>Roadmap steps 1 &amp; 2</b></p> | <p>In England, restrictions have started to lift as part of the government’s four-step roadmap, offering a route back to a more normal life.</p> <p>You can read about the roadmap &amp; steps here:</p> |
|---------------------------------------|--|

| STEP 1<br>8 March   | 29 March   | STEP 2<br>No earlier than 12 April<br>At least 5 weeks after Step 1  |
|---|--|--|
| <b>EDUCATION</b><br>8 MARCH<br>• Schools and colleges open for all students<br>• Practical Higher Education courses                   |  | <b>EDUCATION</b><br>• As previous step   |
| <b>SOCIAL CONTACT</b><br>8 MARCH<br>• Exercise and recreation outdoors with household or one other person<br>• Household only indoors | 29 MARCH<br>• Rule of 6 or two households outdoors<br>• Household only indoors   | <b>SOCIAL CONTACT</b><br>• Rule of 6 or two households outdoors<br>• Household only indoors  |
| <b>BUSINESS &amp; ACTIVITIES</b><br>8 MARCH<br>• Wraparound care, including sport, for all children                                   | 29 MARCH<br>• Organised outdoor sport (children and adults)<br>• Outdoor sport and leisure facilities<br>• All outdoor children's activities<br>• Outdoor parent & child group (max 15 people, excluding under 5s) | <b>BUSINESS &amp; ACTIVITIES</b><br>• All retail<br>• Personal care<br>• Libraries & community centres<br>• Most outdoor attractions<br>• Indoor leisure inc. gyms (individual use only)<br>• Self-contained accommodation<br>• All children's activities<br>• Outdoor hospitality<br>• Indoor parent & child groups (max 15 people, excluding under 5s) |
| <b>TRAVEL</b><br>8 MARCH<br>• Stay at home<br>• No holidays   | 29 MARCH<br>• Minimise travel<br>• No holidays   | <b>TRAVEL</b><br>• Domestic overnight stays (household only)<br>• No international holidays  |
| <b>EVENTS</b><br>• Funerals (30)<br>• Weddings and wakes (6)  |  | <b>EVENTS</b><br>• Funerals (30)<br>• Weddings, wakes, receptions (15)<br>• Event pilots   |

<https://www.gov.uk/government/publication/s/covid-19-response-spring-2021/covid-19-response-spring-2021-summary>

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