

PRUDHOE PPG

Meeting 27th April 2017

Minutes

Present : - Dr Ann Egan, Alan Greenall, Elaine Heane, Peter Kerry, Sandra Mackinnon, Gail Etherington, Sal Hargreaves

Apologies:- Eileen Asbury, Jennifer Collins, Lindsay Hopkins

Ann welcomed Gail and Sal from the Wylam PPG.

1. On- line patient services: access to medical records

The government is keen to promote complete access, however some patient information, although more open than in the past, is still confidential and needs some blocking by the G.P.'s

At the moment patient records at the practice are set to basic. Patients can book appointments, request repeat prescriptions and see test results, which are available for 60 days.

2. Wellbeing Matters

Sal and Gail recently attended this meeting held by *Talking Matters* at the Parish Hall Prudhoe, which was previously held in The Manors. Its aim is to help people with anxiety and stress. They both felt that the group, which meets from 12.30pm to 4.00pm, needed more structure and format, so suggested better socialising with groups chats, going for walks and doing more activities e.g. crafts. The professional staff require volunteers to help run it. The group needs to encourage more people to attend, through advertising and it was suggested that the Practice should promote it. Sal and Gail have offered to distribute leaflets. There is already a very successful group in Hexham.

3. Healthy Life Style Initiative

Ann has looked at the information that Karen McCabe had taken from the 'Post It notes' and has produced a spider diagram of suggestions. Please see attached.

4. Funding for the Project

To date no money has been received to support the Initiative.

5. Proposals for the Next Stage

Those who attended the HLSI meeting are to be emailed with a list of the suggestions put forward at the meeting along with Karen McCabe's report, to see what they might be interested in, how they can help and then a forum group created. At the next Healthy Living meeting, people with similar interests will be grouped together for further discussions.

People who may be able to help with the group were suggested:-

Prudhoe Matters

The Golden Guide (for over fifties) – to see if we could use their website as a starting point.

John Temple – ISOS

Gemma Briggs – Prudhoe Children’s Centre

Lesley Tindale – SCA Representative (the company has 40 apprentices).

Allana Mason – Talking Matters

Carol Quinn – The East Centre

Guy Opperman (no response from 1st contact)

Joan Russell - PCA

Prudhoe Radio – agony aunt (from 22/5/17) broadcasting for 3 weeks.

Fuse Centre

Ann and Alan will contact key people. Dr Liz Morgan will get names of facilitators

6. **Next Meetings**

PPG – 25th May 5.00pm

Public Meeting – Spetchells 5.00pm – 7.00pm

