

## **PRUDHOE PPG**

Meeting 23rd February 2017

### **Minutes**

Present : - Dr Ann Egan, Alan Greenall, Elaine Heane, Tony Hockey, Sandra Mackinnon,

#### **1) Healthwatch**

Liz Prudhoe from Health Watch attended the meeting and offered her help with the launch of our Prudhoe Healthy Life Project. She would like to provide a stand to answer any questions. We outlined our plan to encourage people to be responsible for their own health, why we need it and for people to 'get out' and see what is available to help them. Fleetwood has succeeded in their project and is ongoing. Her role is to listen to consumers and feedback this information to G.P.'s, the CCG and hospitals etc. Recent surveys show that 85% - 90% of people find that the current service is good – excellent. The main problem for Northumberland is the distance required sometimes to get help. Transport is a problem, but Adapt, a community bus service, do provide help. They run a service in Prudhoe on a Friday.

#### **2) Meeting 30<sup>th</sup> March - 5.00pm -6.30pm**

##### **Plan for the evening**

- 1) Introduction from the Group (Suggested to be presented by Tony Reid – brief, less than 5mins). Tony to be asked if he is willing to chair the meeting.
- 2) Speakers – Liz Morgan, NCC and Colleagues , 30 minutes ( suggested any other speakers have 5 – 10 minute slots)
- 3) Discussion -What People Need? – Tangible ideas, can people attending supply this need?
- 4) Attendees to discuss in small groups each with a member of the PPG

##### **Items required**

White board for comments

Strap Lines (2) for the room, which could be used at future events, with the slogan suggested by Alan, 'Just for the HEALTH of it lets COMMIT to be fit' – Tony (H) to order. The slogan could also be shown on the screen in the surgery.

#### **3) Follow Up to Meeting**

Create a Website

Produce a newsletter

Find Champions in the community who will help with the project

Stand at Prudhoe Town Fair

Build up pride in where we live

**4) Other Suggestions of People/Organisations to contact**

Threadgold, Green Grocer (Elaine)

Canoe Club

Tom – Hayden Bridge Pharmacist (Sandra)

Bernice – Podiatrist (Oaklands Clinic) (Sandra)

Methodist Church – (Ann)

Slimming World

SCA Nurse (Alan – already contacted)

High School – P.E. teacher

Police

Residents Association\*

Branch End Surgery

\*Since the meeting I found that West Wyalm have a Residents Association page on Facebook (we were unsure if there was one in Prudhoe) called 'Taking Pride in Prudhoe'. I will contact them.