

Prudhoe PPG Wednesday 6th April

Notes of Meeting

Present:

Dr Ann Egan  
Andy Gill  
Elaine Heane  
Lindsay Hopkins  
Sandra MacKinnon  
Tony Reid  
Alan Greenall

Taryn Whittle. Talking Matters  
Joe Adams. ( : : )  
Carol Quinn. East Centre

Apologies:

Eileen Asbury  
Tony Hockey.

Notes of Meeting:

1. A Volunteer to write a piece for the Practice Newsletter by end of month.
2. The new GP, to take up her post 1st June. This will not create extra hours but Dr Althea Carr will take on additional responsibilities.
3. There had been no reply to the invitation, sent to Branch End PPG, to join our meeting. It was suggested that we make a similar approach to invite Corbridge PPG.
4. Arrangements had been made by Tony Hockey for Carers Northumberland to attend our next meeting in June.
5. Taryn and Joe, Talking Matters Northumberland, spoke on the subject of mental health issues faced by young people aged 16 years and older. Seven young people invited by Carol from the East Centre, joined in the discussion on aspects affecting them and their friends. Issues arose from economic pressure, bullying, body image, job finding, family relationships and addictions. 1 in 4 people will at some stage suffer from resulting depression but help is available, with early recognition and symptoms of withdrawal can be successfully treated.  
Taryn will make a further visit to East and liaise with Carol in setting up a group of young people interested in these issues.

There was an open invitation for young people to form a Virtual Prudhoe PPG.

6. Date of next Meeting: Thursday 2nd June at 5pm

