

## **Prudhoe PPG Open Meeting: 1st October 2015**

### **Present:**

Dr Ann Egan  
Tony Hockey  
Lindsay Hopkins  
Peter Kerry  
Sandra MacKinnon  
Tony Reid  
Alan Greenall

### **Visitors:**

Liza Flynn  
Elaine Heane  
Joy Hemwood  
Heather McKie  
Valerie Greenall

### **Apologies:**

Chloe Heslop  
Judy Price  
Eileen Asberry

### **Notes of Meeting**

1. Dr Egan welcomed everyone and introduced Liza Flynn of Dementia Friends, a part of an Alzheimer's Society initiative.

2. Liz, a trained Dementia Friends Champion, delivered a very informative, interactive session on building more dementia-friendly communities by changing the way people think, talk and act about dementia.

Dementia is not a natural part of ageing but is a disease of the brain.

It is possible to live well with dementia and is not just about memory loss but can affect communication and everyday tasks.

There is more to a person than dementia and with support and understanding sufferers can take an active role in life.

Everyone present found the interactive session very informative and interesting and thanked Liza for attending the patient group.

Anyone unable to attend the meeting and interested in becoming a Dementia Friend, can obtain additional information from the website: dementia [friends.org.uk](http://dementiafriends.org.uk)

3. Tony Hockey gave an up-date on the progress towards establishing a Young Persons Group and the process in becoming accredited to "You're Welcome".

He will report further progress in 6 months time.

There was support for advertising and promoting services available in the Practice for young people.

4. It was felt that the first open meeting had achieved limited success and may be worth repeating on a future occasion.
5. Eileen Asbury has resigned from the Group; we pass on our best wishes and thanks for her support and contribution over the past few years.
6. The date of the next meeting will be announced asap.